

AGN. NO. ____

MOTION BY SUPERVISOR ZEV YAROSLAVSKY

April 3, 2012

The annual Public Health Week will take place on April 1-7, 2012. With the theme of “A Healthier LA County Begins Today,” the purpose of the week is to increase the public’s understanding of the benefits of good health and disease prevention, and to increase public awareness of the roles that the Department of Public Health plays in protecting health, preventing disease, and promoting the health and well-being for residents of Los Angeles County.

Every year, chronic diseases such as heart disease, cancer and diabetes are responsible for millions of premature deaths. Each year there are a total of 2.5 billion missed days of work because of these illnesses, and all of that adds up to more than \$1 trillion in lost productivity. Catching and preventing illnesses and incidents before they develop is the key to improving health overall. There are many small steps Los Angeles County residents can take to begin leading healthier lives. Little steps can lead to big changes!

All residents are invited to attend “Health Expo 2012” from 11am to 3pm on April 5, 2012 at Olvera Street in the City of Los Angeles. The event will include free health screenings (asthma, allergy, blood sugar, cholesterol, etc); cooking demonstrations;

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tips on how to stay healthy; emergency preparedness information; and representatives from Chivas USA Soccer Club and 97.1 FM AMP radio.

I, THEREFORE MOVE that the Board of Supervisors hereby proclaims the week of April 1-7, 2012, as “A Healthier LA County Begins Today” Public Health Week throughout Los Angeles County, and urges all residents, city officials, and community groups, clubs and organizations to join this effort in promoting good public health practices throughout Los Angeles County.

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